



Risk Management Solutions



Spring 2023

A Quarterly Newsletter of the AMIC/MWCF Loss Control Division

Flood Cleanup Safety

By: Kyle Hines, Loss Control Representative, AMIC/MWCF,
with excerpts from the Public Employees Safety Council of Alabama (PESCA)

Having lived in the state of Alabama my entire life, I, like many of you, am no stranger to the abrupt weather changes we can experience here, especially recently. One day it's near freezing with chances of snow, the next it could be 85 degrees and not a cloud in sight. After all of that, the worst part is we have no control over it. Fortunately for us, we can prepare for hazardous weather scenarios, and when it comes to floods, we need all the preparation we can get.

According to the Occupational Safety and Health Administration (OSHA), the nature of flood cleanups varies by location. While a flooded residential home may not present the obvious hazards chemicals would, each situation has its own challenges.

Homeowners, for example, should be aware that damaged structures may be at risk of collapse, and the onset of mold may have already begun. Workplaces may have these same dangers and other serious safety threats, including chemical exposure.

Employers should evaluate chemical workplace hazards and create a chemical inventory, which is part of a workplace hazard communication program.

In either situation, homeowners and employers should request the assistance of a safety and health professional.

People involved in flood cleanup should take the following precautions:

- Use appropriate personal protective equipment. Wear a hard hat, safety glasses, reflective vest, gloves, and steel-toed work boots.
- Stay dry in wet environments by wearing waterproof gloves and boots.
- Breathe safely and use respiratory protection, especially where dust and mold exist.
- Avoid dangerous falls and use fall protection when working 6 feet off the ground.
- Protect your hearing. In loud and noisy environments, hearing protection is important.
- Work cleanly. Stop the spread of contaminants and disease with proper hygiene and sanitation.
- Wash your hands regularly. Where suitable facilities are absent, use hand sanitizer.

OSHA urges everyone engaged in cleanup after floods—employers, workers and the public—to avoid potential hazards and to take steps to protect themselves.

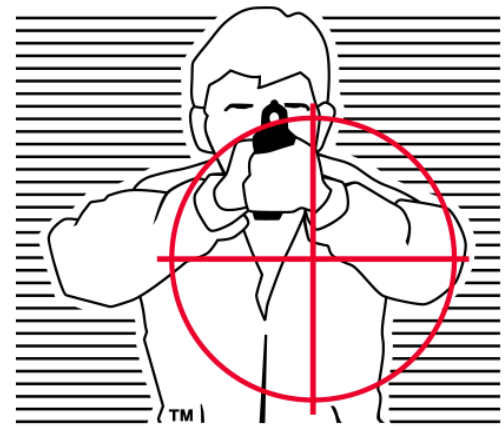
Alabama is a state of spasmodic weather changes, but it is also my home.

And as any Alabamian would, I want to keep my home as beautiful and as safe as possible. There can never be too many people educated about and prepared for a natural disaster.

Stay sharp, and stay safe!

Register for Our New FIREARMS TRAINING SYSTEM!

Contact Loss Control Today



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The Loss Control Division is excited to offer Alabama Municipal Insurance Corporation (AMIC) and Municipal Workers Compensation Fund (MWCF) members access to our new state-of-the-art Firearms Training System (FATS)!

FATS is a computer-based video interactive system that provides real-life scenarios that call for split-second decisions. It is an excellent training tool designed to develop and sharpen a law enforcement officer's discretionary skills as well as re-enforce conflict resolution abilities. This system is available to our members throughout the year on a first-come, first-served basis. Please note that this service is limited to delivery of the system and providing instruction on how to use the equipment.

To request the FATS system, please visit losscontrol.org. For more information about this service, please contact Donna Wagner at 334-386-8125 or DWagner@almonline.org.

Pricing for FATS Training:

AMIC Member - \$25.00 per person
MWCF Member - \$25.00 per person

ALM Only Member - \$35.00 per person
Standard Rate - \$55.00 per person

Protect Your Law Enforcement Liability Policy Limits!

As of 2022, **all** Police Departments insured by AMIC are required to conduct psychological evaluations on ALL newly hired police officers, except and unless, they have satisfactorily passed one within the last two years. The psychological evaluation must be conducted by a Licensed Behavioral Health Professional and comply with APOSTC rules and all other legal guidelines.

APOSTC currently requires all applicants selected to attend the Law Enforcement Basic, Reserve, and Lateral/Refresher academies to undergo a psychological evaluation by a Licensed Behavioral Health Professional. (APOSTC Rule 650-X-2-.04) **The new requirement from AMIC applies to all other law enforcement officers, both full and part-time, and APOST certified reserve officers regardless of prior experience, certification or any other factors. Failure to complete the required evaluations could result in a reduction of law enforcement liability coverage limits.**

For more information or assistance please contact your Loss Control Police Safety Consultants.

Defining Moment

5 Steps to Return to Work Safely

- 1. Listen to your health care provider.** Many of us want to return to work as soon as we feel better, but it's important to discuss your limitations and your work schedule with your supervisor.
- 2. Work with your supervisor ahead of time** on a return to work plan. Ask for accommodations, if necessary. For example, consider adjusting your hours or your days. If you have a physically demanding position, ask if you can start back working light duty. Then, gradually adjust your previous position.
- 3. Whenever possible, concentrate on difficult assignments first** before fatigue sets in later in the work day.
- 4. Take needed breaks.** Listen to your body.
- 5. Be patient.** Returning to work after an injury or illness can be slow.

We are proud to support Alabama's Firefighters through the state's first supplemental cancer benefits policy!



www.alfrbp.com

1-800-23-CANCER

cancerinsurance@alfrbp.com

Congratulations, Wade!

Congratulations to Wade Campbell on earning his Associate in Risk Management (ARM) certification from The Institutes Risk and Insurance Knowledge Group! ARM teaches individuals how to make a real-world impact by applying holistic and strategic understanding of risk assessment and treatment. Wade started this process in 2021 and passed four tests to receive this distinction.

Wade joined the Loss Control Division in August 2019. He has a quality work ethic and has been an outstanding loss control representative for our team. Wade said he plans to utilize his new skills

to strengthen the services that we provide to our members.



Selection and Use of Fire Extinguishers

According to the Fire Extinguishing Trades Association (FETA), when used appropriately fire extinguishers can successfully put out 80% of all fires, with 75% of those cases not requiring assistance from the local fire department. Through education and training, we can successfully mitigate the loss of life and property through proper use of fire extinguishers. The local fire department is an excellent resource for fire extinguisher training.

When Operating a Fire Extinguisher, Remember the Word **PASS**

- **P**ull the pin.
- **A**im. Approach the fire from a safe distance and aim the nozzle at the base of the fire.
- **S**queeze the handles together to discharge the extinguishing agent inside.
- **S**weep the nozzle from side to side.

Begin using the extinguisher from a safe distance away, then move forward. Once the fire is out, monitor the area in case it re-ignites.

Consider Providing a Checklist to Help Prepare Employees Before Use

- Have I alerted others in the building there is a fire?
- Has someone called 911 to alert the fire department?
- Am I physically able to use the fire extinguisher?
- Is the fire extinguisher charged and ready for use?
- Is the fire contained in a single object, such as a pan or trashcan?
- Am I safe from the toxic smoke produced by the fire?
- Is there a clear escape route?

2022 Risk Management Awards

In recognition of the efforts and successes of our members, the AMIC and MWCF Board of Directors established the Risk Management Awards system in 2002. Awards are determined based on the loss ratios for each member's prior year. For members of both the AMIC and MWCF programs, the loss ratios are combined and divided by two to reflect the overall loss ratio. Members are eligible to receive the Presidents Award once every five years and the Gold, Silver and Bronze annually. *See Award Designation Key, next page.*

ALM President's Award

Abbeville Fire & Rescue
Alabama Municipal Electric Authority
Aliceville
Anniston Public Library
Ashland, Goodwater-Lineville Solid Waste Disposal Authority
Ashville
Attalla
Babbie
Banks
Bayou La Batre
Bear Creek
Bear Creek Development Authority
Berlin
Bessemer Public Library
Billingsley
Birmingham Airport Authority
Blountsville Utilities
Brantley Housing Authority
Bridgeport Housing Authority
Bridgeport Utility Board
Cahaba Valley Fire & Med Rescue Dist.
Calera Housing Authority
Chelsea
Childersburg
Clayton Housing Authority
Coffee Co. Water Authority
Cordova Water & Gas Board
Cottonwood Housing Authority
Cowarts
Craig Field Airport Authority
Daphne Utilities
Deatsville
DeKalb-Cherokee Counties Gas Dist.
Electric Cities of Alabama
Elmore Co. Economic Dev. Authority
Eufaula Housing Authority
Eutaw Housing Authority
Five Points
Floralia Housing Authority
Fort Deposit
Fultondale Gas Board
Gainesville
Geiger
Georgiana Housing Authority
Glen Allen
Glencoe Water & Sewer
Government Utility Services
Grand Bay Water System
Hanceville Housing Authority
Hartselle Utilities
Helena Utilities
Henagar
Hueytown
Killen
Linden Housing Authority
Littleville
Luverne Electric Board
Luverne Water and Sewer Board
Maplesville
Moundville
Mount Vernon
Newville
Opp Housing Authority
Orange Beach Water & Sewer Board
Park City Water Authority
Pennington Utilities
Phil Campbell Water & Sewer Board

Pollard
Prattville Solid Waste Authority
Prattville Waterworks
Red Bay Water & Gas
Red Level
Reform Housing Authority
Reform Water & Sewer Board
Ridgeville
Russellville Gas Board
Semmes
Silverhill
S. AL Regional Airport Authority
S. Central AL Development Commission
Sumiton Gas Board
Sweet Water Waterworks
Talladega Springs
Troy Housing Services
Trussville Utility Board
Vance
Wadley
Walnut Grove
West Blocton
West Pace Village Improvement District
Wetumpka Water & Sewer
White Hall
Winston Cooperative District
Winston Co. Industrial Dev. Authority

Gold Award

Abbeville Fire & Rescue
Abbeville Water & Sewer
Addison
Akron
Alabama League of Municipalities
Alabama Municipal Electric Authority
Alabaster Water Board
Albertville and Boaz Recycling & Solid Waste Disposal
Aliceville Governmental Utilities Services Corp
Aliceville Housing Authority
Aliceville Water Works & Sewer Board
Allgood
Andalusia Board of Education
Anderson
Anniston Public Library
Arab Sewer
Arab Water Works Board
Ardmore
Ardmore Water & Sewer
Argo
Ariton Sewer Board
Ariton Waterworks and Sewer Board
Asbury Water Authority
Ashland Water Works & Sewer Board
Ashland, Goodwater-Lineville Solid Waste Disposal Authority
Ashville
Atmore
Atmore Housing Authority
B.B. Comer Memorial Library
Babbie
Baileyton
Baker Hill
Baker Hill Fire & Rescue
Banks
Bay Minette Housing Authority
Bayou La Batre Water & Sewer
Bear Creek
Bear Creek Development Authority
Beaverton
Belk
Berlin
Bessemer Airport Authority
Bessemer Public Library
Beulah Utilities District
Billingsley
Birmingham Airport Authority
Birmingham Regional Planning Commission General Fund
Black
Blountsville
Blountsville Housing Authority
Blountsville Utilities
Blue Springs
Boaz Gas Board
Boaz Water & Sewer Board
Brantley
Brantley Housing Authority
Brent Housing Authority
Brent Utilities
Brewton Housing Authority
Bridgeport Housing Authority
Brighton
Brookside Water System
Brundidge
Butler Utilities
Calera Housing Authority
Calera Waterworks
Calhoun County 911
Camp Hill Utilities
Carbon Hill Housing Authority
Carolina
Carroll's Creek Fire Protection
Castleberry
Cedar Bluff
Cedar Bluff Utility Board
Central AL Regional Planning Commission
Centre Water Works & Sewer
Centreville
Chatom Utilities
Cherokee
Cherokee County Water Authority
Chickasaw Utilities
Childersburg
Childersburg Waterworks, Sewer & Gas
Chilton Co. Solid Waste Disposal
Citronelle Historical Preservation
Clanton Housing Authority
Clanton Water Works
Clay
Clay Co. Emergency Rescue Squad
Clayhatchee
Clayhatchee Volunteer Fire Department
Clayton
Clayton Housing Authority
Clayton Water & Sewer
Cleveland
Clio
Coffee Co. Water Authority
Coker
Coker Water Authority
Collinsville Water & Sewer Board
Colony
Columbiana Waterworks
Coosa Valley Water Supply
Cordova Economic & Industrial Development Authority
Cordova Water & Gas Board
Cottonwood Housing Authority

County Line
Covington County Economy
Craig Field Airport Authority
Crossville
Crossville Water Works Board
Cuba Water and Sewer Board
Cullman-Jefferson Co. Gas District
Cusseta
Dadeville Gas Board
Dadeville Housing Authority
Dadeville Water & Sewer
Daleville City Board of Education
Daleville Housing Authority
Dallas County Water & Sewer
Dauphin Island Water & Sewer
Deatsville
Deatsville VFD, Inc.
Decatur Housing Authority
Demopolis Water & Sewer Board
Detroit
Dodge City
Dora Water & Gas Board
Dothan
Double Springs
Double Springs Waterworks Board
Douglas
Dozier
Dutton
East Brewton
East Brewton Waterworks & Sewer
E. Geneva Co. Sr. Citizens Committee
Eldridge
Electric Cities of Alabama
Elkmont
Elmore
Elmore Co. Economic Dev. Authority
Elmore County Industrial Development Board
Epes
Eufaula Housing Authority
Eutaw
Eutaw Housing Authority
Eva
Evergreen Housing Authority
Fairhope
Fairview
Falkville
Faulsdales
Fayette Gas Board
Fayette Water Works Board
Five Points
Five Stars Water District
Flomaton
Floralia
Floralia Housing Authority
Foley Public Athletic & Sports Facilities
Foley Public Facilities
Forestdale Fire District
Forkland
Fort Deposit
Franklin
Fruithurst Fire Department
Fulton
Fultondale Gas Board
Fyffe
Gainesville
Gainesville VFD
Gantt
Gaylesville
Geiger
Geneva Co. Gas District
Geneva Water Works & Sewer Board
Georgiana Housing Authority
Geraldine
Gilbertown Utility
Glen Allen
Glencoe Water & Sewer
Glenwood
Goodwater Waterworks & Sewer Bd.
Goose Pond Colony Resort Public Park & Recreations Board
Gordo Water Board
Gordonville
Goshen & Goshen Water Works
Government Utility Services
Grand Bay Water System
Grant
Graysville
Graysville Public Library
Graysville Water Board
Greensboro
Greensboro Utility Board
Greenville Housing Authority
Guin Water Works & Sewer Board
Guntersville Electric Board
Gurley
Hackleburg
Hackleburg Water Board
Haleyville Water & Sewer Board
Hammondville
Hanceville Housing Authority
Harpersville Water Board
Hartselle Utilities
Heath
Heffin Water & Sewer
Henagar
Hobson City
Hobson City Housing Authority
Hodges
Hokes Bluff Water Board
Holly Pond
Hollywood
Huguley Water & Fire Protection Authority
Huntsville Housing Authority
Huntsville Tennis Center Board of Control
Hurtsboro Water Works
HyTop
Indian Springs
Jackson Golf Association
Jefferson County 911
Jefferson County EMA
Kansas
Keep Troy Beautiful
Kellyton
Kinsey
Kinston
Lamar Ambulance Service
Langston
Leeds Water & Sewer
Leighton Water and Sewer Board
Lexington
Linden
Linden Housing Authority
Linden Utilities
Lipscomb
Littleville
Livingston
Loachapoka
Lockhart
Lockhart-Floralia Wastewater Treatment Plant
Locust Fork
Louisville
Lowndesboro
Luverne
Luverne Electric Board
Luverne Housing Authority
Luverne Water & Sewer Board
Lyeffion Water Authority, Inc.
Lynn
Madrid
Magnolia Springs Public Library
Maytown
McAdory Area Fire District
McIntosh
McKenzie
Mentone
Millerville Water Authority
Mobile Co. EMA
Mobile Improvement District
Moody
Moody Utilities

Mooresville
 Mosses
 Moulton Housing Authority
 Munford
 Muscle Shoals Utilities
 Myrtlewood
 Natural Bridge
 Nauvoo Waterworks
 Needham
 New Brockton
 New Brockton Water and Sewer Board
 New London Water, Sewer & FPA
 New Site
 Newbern
 Newton Housing Authority
 Newton Water & Sewer
 Newville
 North Alabama Gas District
 North Baldwin Utilities
 North Courtland
 North Johns
 Northeast Alabama Agri Business Center
 Northeast Alabama Gas Cooperative District
 Northwest Alabama Gas District
 Northwest St. Clair County Water
 Notasulga
 Oak Hill
 Odenville
 Oneonta Utilities
 Opelika Waterworks Board
 Opp Housing Authority
 Opp Utilities
 Orange Beach Public Library
 Orange Beach Water & Sewer Board
 Oxford Health Care Authority
 Ozark Board of Education
 Ozark Dale Co. E-911
 Ozark Dale County Economic Dev. Corp.
 Paint Rock
 Park City Water Authority
 Parrish Water & Sewer Board
 Pell City Housing Authority
 Pennington Utilities
 Perdido Beach
 Phenix City Utilities
 Phil Campbell Housing Authority
 Phil Campbell Water & Sewer Board
 Pickens County Gas
 Pickensville
 Piedmont
 Pike Road
 Pinckard
 Pine Apple
 Pine Ridge
 Pisgah
 Pleasant Groves
 Pollard
 Prattville Historic Redevelopment Auth.
 Prattville Solid Waste Authority
 Prattville Waterworks
 Prichard Water
 Providence
 Public Cultural & Entertainment
 Facilities Coop
 Quint Mar Water
 Ragland
 Rainbow City Utilities Board
 Ranburne Water & Sewer
 Red Bay Sewage Disposal Board
 Red Bay Water & Gas
 Red Level
 Reece City
 Reform Housing Authority
 Reform Water & Sewer Board
 Rehobeth
 Renaissance Cooperative District
 Renaissance Improvement District
 Repton
 Ridgeville
 Riverside
 Riverview Water
 Rockford Volunteer Fire Department

Rocky Ridge Fire District
 Rogersville Waterworks & Sewer
 Russellville Electric Board
 Russellville Water Works & Sewer
 Rutledge
 Sand Rock
 Sanford
 Sardis City Waterworks Board
 Satsuma Water Works & Sewer Board
 Scottsboro Public Library
 Section
 Shiloh
 Silas
 Slocomb
 Slocomb Housing Authority
 Slocomb Water & Sewer
 Smiths Station
 Snead
 Somerville
 S. AL Regional Airport Authority
 S. AL Regional Planning Commission
 S. Central Alabama Development Comm.
 S. Central Alabama Development
 Commission/ Senior Aides Division
 South Vinemont
 Southeast Alabama Gas
 S.E. Gas Acquisition and Supply Assoc.
 S.E. Shelby Co. Emergency Rescue
 Southside Waterworks Board
 Spanish Fort
 Steele
 Steele Waterworks Board
 Stevenson Utilities
 Storm Water Management Authority
 Sulligent Housing Authority
 Sumiton Gas Board
 Sumiton Water Board
 Susan Moore
 Sweet Water Waterworks
 Sylacauga Parks & Recreation
 Sylacauga Utilities
 Sylvan Springs
 Sylvania
 Talladega Springs
 Tallassee
 Tallassee Industrial Development Board
 The Tuskegee - UBT Cooperative District
 Thomaston Water & Gas
 Thomasville Waterworks & Sewer
 Top Trails
 Town Creek
 Toxey
 Transit Management of Montgomery
 Troy Board of Education
 Troy Housing Services
 Troy Industrial Development Board
 Tuscaloosa Co. Parks & Rec. Authority
 Tuscumbia Housing Authority
 Tuscumbia Utilities Department
 Tuskegee Housing Authority
 Twin
 Union
 Union Grove
 Union Grove Utilities
 Union Springs Utility Board
 Upper Bear Creek Water, Sewer & FPA
 Uriah Water System
 USS Alabama Battleship Commission
 Valley Head
 Valley Head Water Works Board
 Vance Fire Protection District
 Vina
 Vincent
 Vincent Water & Sewer
 Vinemont Providence Fire Department
 Walnut Grove
 Warrior River Water Authority
 Washington Co. Health Care Authority
 Waterloo
 Wave Transit System
 Waverly
 Weaver

Webb
 Wedowee
 Wedowee Water, Sewer & Gas Board
 West Blocton
 West Jefferson
 West Lawrence Water Cooperative
 West Pace Village Improvement Dist.
 West Point
 Westover
 Wetumpka Water & Sewer
 White Hall
 Wilcox County Gas
 Wilsonville
 Wilton
 Winfield Water Works & Sewer Board
 Winston Cooperative District
 Winston Co. Industrial Dev.Authority
 Wolf Creek Water, Sewer & FPA
 Woodland
 Woodville

Silver Award

Abbeville
 Albertville Utilities
 Alexander City
 Altoona
 Andalusia Utilities Board
 Anniston Housing Authority
 Anniston Water Board
 Arab
 Arley
 Ashland
 Athens
 Attalla
 Bay Minette
 Bayou La Batre
 Boligee
 Brilliant
 Carbon Hill
 Carbon Hill Utility Board
 Centre
 Chelsea
 Chickasaw
 Chickasaw Housing Authority
 Coffee Springs
 Colbert County Animal
 Collinsville
 Columbia
 Cowarts
 Daleville
 Daphne Utilities
 Dauphin Island
 Decatur Municipal Utility Board
 Dora
 East Alabama Mental Health
 East Central Alabama Gas District
 Elba Water & Electric Board
 Enterprise Rescue
 Eufaula
 Fairfield
 Fairhope Public Library
 Fayette
 Florala Water & Sewer Board
 Fort Payne Improvement Authority
 Fruithurst
 Greenville
 Guntersville Housing Authority
 Haleyville
 Hamilton
 Hanceville Water Works
 Harpersville
 Hartford
 Headland
 Helena
 Hokes Bluff
 Huntsville - Huntsville Transit
 Jackson's Gap
 Jackson's Gap Water Authority
 Jacksonville

Jasper Water & Sewer
 Kennedy
 Kimberly
 Maplesville
 Midfield
 Midland City
 Millport
 Millry
 Mobile Co. Personnel Board
 Montevallo
 Morris
 Moundville
 Mount Vernon
 Muscle Shoals Electric Board
 Northport Housing Authority
 N.W. AL Council of Local Governments
 Oak Grove
 Owens Cross Roads
 Oxford Water Works Board
 Ozark Housing Community
 Pell City
 Phil Campbell
 Pinson
 Powell
 Rainbow City
 River Falls
 Rockford
 Rockford Utilities Board
 Rogersville
 Russellville Gas Board
 Saint Florian
 Samson
 Satsuma
 Scottsboro Electric Power
 Section Dutton Waterworks
 Semmes
 Silverhill
 Skyline
 S. Central AL Regional Housing Authority
 Stevenson
 Sulligent
 Sumiton
 Summerdale
 Tarrant Electric Board
 Taylor
 Trafford
 Trinity
 Trussville Utility Board
 Uniontown
 Vernon
 Vestavia Hills
 Wadley
 West Alabama Health Services
 West Alabama Regional Commission
 West Etowah Co. Water Authority
 Winfield
 Woodstock
 York

Bronze Award

Adamsville
 Albertville
 Aliceville
 Andalusia
 Anniston
 Auburn
 Auburn Water Board
 Berry
 Birmingham-Jefferson Co.
 Transit Authority
 Black Warrior Solid Waste Authority
 Boaz
 Bridgeport
 Bridgeport Utility Board
 Butler
 Cahaba Valley Fire & Med
 Rescue District
 Camden
 Camp Hill
 Coaling

Coffeeville
 Cullman
 Cullman Utilities
 Dadeville
 Dekalb-Cherokee Counties Gas District
 Demopolis
 East Alabama Regional Planning
 & Development Commission
 Eclectic
 Enterprise
 Florence Gas Department
 Fort Deposit Water Works & Sewer
 Board
 Fort Payne
 Gadsden Airport
 Garden City
 Geneva
 Georgiana
 Greenville Water Works & Sewer Bd.
 Greenville YMCA
 Gulf Shores
 Hanceville
 Hayden
 Hueytown
 Ider
 Jackson Water & Sewer Board
 Killen
 Leesburg
 Level Plains
 Lincoln
 Lineville Water & Sewer
 Millbrook
 Mobile Airport Authority
 Mobile Housing Board
 Montgomery Housing Authority
 Montgomery Water & Sewer Board
 Mulga
 Muscle Shoals
 Nectar
 N. Central AL Regional Council
 of Governments
 Northport
 Oakman
 Oneonta
 Opp
 Oxford
 Ozark
 Pleasant Grove
 Prattville
 Rainsville
 Ranburne
 Red Bay
 Reform
 Riviera Utilities
 Roanoke
 Roanoke Utility Board
 Russellville Housing Authority
 Saraland
 Sardis City
 Scottsboro
 Shorter
 South Alabama Gas
 Southside
 Sylacauga
 Thomaston
 Troy
 Trussville
 Tuscaloosa
 Tuscumbia
 Vance
 Warrior
 West Escambia Utilities

Award Designation Key

★ (Top 5% for 5 years)

■ (Loss ratio below 5%)

■ (Loss ratio of 5% - 20%)

■ (Loss ratio of 20% - 40%)

2023 SKIDCAR Schedule

Through an advanced, computer-controlled driver training vehicle known as the SKIDCAR System, trainees learn how to react quickly and safely to a range of hazardous driving conditions. Training is conducted throughout the state at a minimal cost. If you would like to schedule or host a SKIDCAR session in your area, please contact **Donna Wagner** at (334) 386-8125.



April 10 - 14	Phenix City	August 8 - 18	Decatur
May 9 - 19	Hamilton	September 5 - 15	Birmingham
June 13 - 23	Thomasville	October 2 - 13	Oneonta

Register and pay online at www.losscontrol.org!



Loss Control Division

P.O. Box 1270 • 535 Adams Avenue • Montgomery, AL • 36102

CHANGE SERVICE REQUESTED

Presorted Std.
U.S. POSTAGE
PAID
Montgomery, AL
PERMIT NO. 340

Spring Safety DVDs

- 5.049 Distractions: Behind the Wheel For Drivers
- 5.053 Landscaping Equipment: Maintenance and Safety
- 5.055 Distracted Driving: At What Cost?
- 7.026 The Facts About Ticks and Lyme Disease
- 7.079 Tree Trimming Safety
- 7.105 Groundskeeping Safety: Dealing With Bugs and Critters
- 7.106 Groundskeeping Safety: Be a Pro!
- 7.108 Protecting Your Feet: Learning Your ABC's
- 7.111 Back Injury Prevention for Public Entities (TML)
- 7.117 Hazards of Cell Phone Usage
- 7.118 Safety Procedures for Lawn Mower Operators
- 7.119 Landscape Power Tool Safety
- 7.120 Hedge Trimmer Safety
- 7.121 Video Guide to Chainsaw Safety
- 7.122 String Trimmer Safety
- 7.123 Boating Safety
- 18.003 Seasons in the Sun: Driving Challenges in Spring & Fall

**Video/DVD requests to: Sonya McCarley at: 334-386-8114
smccarley@almonline.org or FAX at 334-262-2809**

Need Help Filing Work Comp Claims?

For step-by-step instructions, visit:

www.almwcf.org

Employment Practices Law Hotline

1-800-864-5324

Through a toll-free Employment Practices Law Hotline, members can be in direct contact with an attorney specializing in employment-related issues. When faced with a potential employment situation, the hotline provides a no-cost, 30-minute consultation.

www.losscontrol.org