

## Ladder Safety Tips

Todd McCarley, Loss Control Representative, AMIC/MWCF

Ladders can be extremely dangerous if not used correctly. Below are several important safety tips to follow whenever you must use a ladder.



- Make sure ladders are secure before using them.
- Keep ladders at least 10 feet from power lines.
- Stay in the center of the ladder as much as possible and do not reach far off the sides.
- Do not stand on the top three rungs of the ladder.
- The base of a ladder should be spaced one foot away for every four feet it reaches up.
- Ladders used to reach a walking surface or roof must extend at least 3 feet beyond the intended surface.

